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The team at StarGuard ELITE has been closely following the development of the COVID-19 (coronavirus) outbreak with its potential impact to our clients and the aquatic industry. Many clients have reached out with requests for information about how the virus may impact future trainings, water quality, and their daily operations. Safety is at the core of everything we do at SGE, and the safety & well-being of our clients is a top priority. Should you have any concerns that we can assist with, please reach out to your Client Partner or contact us at info@starguardelite.com and we will be sure to provide support in the best way possible.

The recommendations of our Medical Directors for handling COVID-19 is consistent with the recommendations provided by the Centers for Disease Control, World Health Organization, and American Heart Association. We strongly recommend you adhere to the guidelines below and that of your local health authorities to help minimize potential risks.

Basic Protective Measures

World Health Organization (WHO) Recommendations:

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

Lifeguard and CPR Training Courses

The American Heart Association (AHA) has released guidelines for minimizing risk during training courses. SGE supports these standards for minimizing physical contact, using gloves, adequate spacing of students, and thorough sanitation. The following pages include the AHA recommendations.

Water Quality

Per the US Centers for Disease Control (CDC): <https://www.cdc.gov/coronavirus/2019-ncov/php/water.html>

Per the WHO: <https://www.who.int/publications-detail/water-sanitation-hygiene-and-waste-management-for-covid-19>

Additional Industry Updates

International Association of Amusement Parks & Attractions (IAAPA):

<https://www.iaapa.org/iaapa-member-resources-coronavirus>

World Waterpark Association (WWA):

https://www.waterparks.org/web/Tagged_Content/Hot_Topics/Coronavirus.aspx

Training Memo: Optional Instructional Changes during COVID-19 Outbreak



CPR & Emergency Cardiovascular Care

Date of Release	March 10, 2020 <i>NOTE: This AHA Training Memo supersedes any previous AHA Training Memo released regarding COVID-19.</i>
Purpose	To minimize the risk of COVID-19 transmission during AHA CPR courses. To provide additional flexibility, as needed, to the American Heart Association's Training Centers (TCs) and instructors for training during heightened precautions for COVID-19. This applies to U.S.-based TCs as well as international TCs.
Background	The recent outbreak of COVID-19 has generated questions and concerns about potential exposure during CPR training. The AHA advises all AHA TCs and Instructors to follow the existing recommendations outlined on the World Health Organization (WHO) website , and in the U.S., refer to the Centers for Disease Control and Prevention (CDC) recommendations, as well as the proposals and suggestions of national public health authorities, which will have the most up to date facts and will provide information on basic protective measures against COVID-19. The AHA's chief concern is the health and safety of the AHA Training Network and those being trained, and we are continuously monitoring all the latest developments of the outbreak worldwide. The best protection from infection from COVID-19 is to follow recommended procedures.
General Information	<p>AHA TCs are responsible for following the instructions from their local government or public health authority as it relates to actions around COVID-19 (the disease caused by a new coronavirus). In accordance with the guidelines released by local government, the leadership of the TC should use discretion to evaluate the risk of disease transmission in their area before organizing any training events and take necessary precautions to avoid transmission.</p> <p>Recommendations: If you are in an affected area, or have concerns about disease transmission, you are required to make the following adjustments to course management:</p> <ul style="list-style-type: none"> - Follow suggestions of the national public health as well as state and local authorities concerning closures and public gatherings - Follow the WHO updated recommendations for international travel and health especially in affected areas - Follow the AHA recommendations for equipment decontamination during CPR training with the following additional requirements: <ul style="list-style-type: none"> o All participants should practice good hygiene, including handwashing with soap and water for at least 20 seconds before and after the course, and before and after snack or meal breaks

- Instructors should decontaminate the manikins after each student practices or tests on the manikin using an alcohol-based solution per CDC recommendations
- Face shields should not be used, and direct mouth-to-mouth ventilations should not be practiced
- Each student must be provided with a pocket mask and one-way valve when practicing one-rescuer skills. Pocket masks should not be shared during the course.
- Bag masks should be used when practicing two-rescuer skills, and participants should wear gloves and clean bag masks between practices with an alcohol-based solution per CDC recommendations
- When possible, manikins should be spaced apart at least 3 feet (1 meter) during training, based on [WHO guidance on social distancing](#)

These additional precautions should be practiced until April 30, 2020, and may be extended by the AHA, if needed. Please continue to check your email and notifications placed on the [AHA Instructor Network](#) or [CPRverify](#) regularly for possible updates to AHA training policies.